



holey SKIN



Bristol's Leading Professional Tattoo & Body Piercing Studios

After Care - Tattoo

Holey Skin provide a comprehensive aftercare service which includes the best advice on looking after your tattoo and/or piercing. Tattoo aftercare packs as well as tailored piercing aftercare packs for are available to purchase in studio.

Please read below the type of aftercare you are looking for below.

- Remove the Clingfilm/dressing after 4-6 hours and wash gently with warm water and anti-bacterial soap.
- Let the tattoo dry in the fresh air for a few minutes or alternatively dry by pressing a soft, clean towel gently against the tattoo.
- Spread over a thin layer of Holey Skin Tattoo Healing Cream, recover with Clingfilm and tape it securely in place. Repeat this process for the first 3 days, changing the dressing twice a day.
- Do not pick the scab – let it heal naturally.
- Do NOT have a bath for the first few weeks – stick to showers!
- Protect your tattoo against the direct sunlight for 6 weeks. After that you will have to use a sun block up to 50SPF every time you expose your tattoo to direct sunlight (if you go to the beach you must apply every 2 hours).
- In the case of artificial tanning, cover the tattoo with a towel, or use a high factor sun-block.
- Do not use a sauna or go swimming in the sea or a swimming pool until the tattoo has completely healed. This process will take about 6 weeks.
- Ensure your tattoo is cleaned properly every day and that your hands are properly washed before you apply the cream to your tattoo.
- It is advisable to use Holey Skin Tattoo Healing Cream for the first 2 weeks only. After that we advise using lotions containing vitamin E.

For any questions please email the studios at
info@holeyskin.co.uk

Or call us on
Angels at Holey Skin 0117 907 6567
Holey Skin Gloucester Road 0117 377 0613
Pins and Needles Lawrence Hill 0117 907 6568

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